

Juicy Fruit ~ Smoothies & Other Fruity Refreshments

Juicy Fruit Smoothie - Strawberries, Pineapples, Blueberries, White Grapes, Peaches, 100% Fruit Juice (\$7)

Tropical Sunrise Smoothie - Pineapples, Peaches, Mangos, 100% Fruit Juice (\$7)

Sweet Leaf Smoothie - Spinach, Strawberries, Pineapples, Blueberries, 100% Fruit Juice (\$7)

Strawberry Pineapple Madness - Strawberries, Pineapple, 100% Fruit Juice (\$7)

Peach Mango Berry Smoothie - Peaches, Mango, Strawberries, 100% Fruit Juice (\$7)

Nana Berry Smoothie - Strawberries, Bananas, 100% Pineapple Juice (\$7)

Mango Nana Berry Smoothie - Mango, Bananas, Strawberries, 100% Fruit Juice (\$7)

Carrot Beet Mango Smoothie - Carrots, Beets, Mango, 100% Fruit Juice (\$8)

Ginger Green Smoothie - Spinach, Cucumber, White Grapes, Pineapple, Freshly Ground Ginger and a Splash of Freshly Squeezed Lime Juice (\$8) with Kale and Spinach (\$9)

Strawberry Banana Meal Smoothie - Bananas, Strawberries, Rolled Oats, Peanut Butter Protein Spread, Almond Milk (\$9)

Pineapple Lemonade - Freshly Squeezed Lemons, Pineapple Juice, Lime Juice, Bottled Water, Sugar (\$3)

Juicy Fruit Salad - Strawberries, Pineapples, Grapes, Cherries, Oranges and or Blueberries (\$5)

Firecracker Island Bowl - Pineapples, Mangos and a side of Pico Piquin (Hot Chili & Salt Seasoning) (\$5)

Whey or Other Protein can be added to any smoothie for \$1.50 per 10 gram scoop.



All Smoothies are made with fresh and or frozen fruit and 100% fruit juice. No Ice or Water is used and no sugar or sweeteners are added.

All items sold in 16oz cups or bowls.

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